

BREAKING THE SPELL

By Dr. Kenny Russell

Lies That Keep New Agers from Knowing the Real Yeshua

A Challenge to Seek Truth Behind the Labels

You've searched for truth in meditation, crystals, astrology, spirit guides, or energy work. You've experienced moments of peace, awareness, even awe. But why does the emptiness return? Could it be that some of the most important spiritual doors have been closed to you - not by truth, but by **deception**?

If you've ever been told not to read the Bible or not to trust Yeshua (Jesus), this message is for you.

LIE #1 The Bible is corrupted and can't be trusted.

This is one of the most common spiritual roadblocks. You may have heard:

- "The Bible was changed by the church."
- "It's full of contradictions."
- "It's just another holy book like any other."

But here's the truth:

- The Bible is the **most historically preserved** document in antiquity. The Dead Sea Scrolls proved that **Isaiah** was nearly **identical** after 1,000 years of transmission.
- It was written over 1,500 years by 40 authors - yet it tells one consistent story of redemption.
- New Age teachers often quote bits of the Bible - but without ever reading it in context. Isn't it time to **read it for yourself**?

Challenge: Read just one Gospel - like Matthew or Luke - with an open heart and a notebook. Let the text speak for itself. Ask: *What if this is actually true?*

LIE #2 You don't need saving - you just need awakening.

New Age spirituality teaches that you are already divine, and the goal is to awaken your inner god-self. It sounds empowering - but it hides a deadly assumption: **that you're not broken**.

But what about:

- The guilt you carry?
- The fear of death?

- The relational wounds and patterns of self-destruction?

If you were already divine, why do you still feel empty after hours of meditation?

The Bible gives an honest diagnosis:

We are spiritual beings, yes - but **we are separated from the Source** by sin. That's why Yeshua didn't come to "awaken" us - He came to **rescue** us.

"For all have sinned and fall short of the glory of God." - Romans 3:23

Challenge: Ask yourself, *If I'm already divine, why do I still crave healing and forgiveness?*

LIE #3 Yeshua is just one of many masters.

New Agers often admire Yeshua - some even call Him an ascended master or enlightened guru. But **He never claimed to be one among many.**

Yeshua said:

"I am the way, the truth, and the life. No one comes to the Father except through Me." - John 14:6

That's **not guru language**. That's a bold, exclusive claim.

What makes Him different?

- **He fulfilled ancient Hebrew prophecies** written centuries before His birth (e.g., Isaiah 53, Micah 5:2).
- **He died and rose again** - not just metaphorically, but historically (see the Resurrection message on: "Why the Empty Tomb Changes Everything").
- **He offers grace**, not karma. Forgiveness, not striving. Love, not fear.

Challenge: If Yeshua truly rose from the dead, is it possible He's more than a teacher? Could He be the **Messiah** you've been unknowingly seeking?

LIE #4 Truth is relative - what's true for you may not be true for me.

This sounds tolerant - but it's **logically impossible**. If two truths contradict, they can't both be true.

If Yeshua said He is the **only way to God**, and another system says there are **many ways**, they can't both be right.

New Age teachings say "follow your heart" - but the Bible warns:

"The heart is deceitful above all things..." - Jeremiah 17:9

You need more than a feeling - you need truth.

Challenge: Would you be willing to follow the truth **even if it led you away from what's popular or comfortable?**

THE INVITATION: Not Religion - Relationship

You've been lied to about Scripture. About salvation. About Yeshua.

But here's the **truth**:

- You were created by a loving God who knows your name.
- He is not distant energy - He is a Father.
- He sent Yeshua not to control you, but to set you free from darkness, fear, and spiritual confusion.

This isn't about becoming religious. It's about **returning home** to the One who made you.

A Final Thought Today:

"You will seek Me and find Me when you seek Me with all your heart." - Jeremiah 29:13

Don't let false ideas keep you from the truth that can change your life.

Yeshua is not afraid of your questions. He's waiting to walk with you through them.

- **This resource is a bonus feature from the 30-Day Devotional *From New Age to New Birth*.**
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